Time	Date	Description of Event	Points Lost	✓	Points Earned	Balance
9:am	1/8/06	Got on computer, did not ask.	2			<2>
11am	1/8/06	Helped with laundry			2	0
3pm	1/8/06	Cleaned up room with no re-			3	3
8pm	1/8/06	Showered and brushed teeth and to			4	7
9am	1/9/06	Good effort with homeschooling			4	11
7pm	1/10/06	Took vits and ate salad			4	10
9:30am	1/11/06	Did not start homeschooling on	2			8
12pm	1/11/06	Swept deck and vacuumed			6	14
2pm	1/11/06	Did not listen when his friend	2			12
5pm	1/11/06	Made salad for dinner			2	14

EXAMPLE

Above Is Acceptable Behavior Checkbook Register Example.

Below is ABC System Register that can be printed and used with the ABC System. (solid black line in the center is the fold.)

Time	Date	Description of Event	Points Lost	✓	Points Earned	Balance

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